

## 2018-19 TIMEOUT PROTOCOL/FORMAT

The following timeout protocol/format applies to ALL games (i.e., exhibition, regular season and postseason) featuring or involving ECAC Hockey teams, and conducted at ECAC Hockey facilities.

## **BREAK FORMAT**

Each period will have three (3) one-minute (1:00) breaks. The breaks will occur at the first permissible whistle under the 14-, 10- and 6-minute marks on the clock.

Breaks will NOT be taken:

- During an odd-man situation (i.e., power play). **NOTE: It is permissible to go to break** prior to the start of a power play/man advantage.
- After a whistle when either team cannot change players. (i.e., icing, hand pass, dislodged net, etc.).
- Immediately after a goal.
- During the final two minutes of any period.
- Any additional scenarios in which NCAA ice hockey rules do not permit a change of players.

## **NOTES**:

The required ice maintenance break (30 seconds) - per league policy - shall occur in conjunction with the first break under the 10-minute mark.

Players may go to the bench during breaks.

A break shall NOT be conducted with two (2) minutes or less remaining in a period REGARDLESS of whether a break and/or ice maintenance has been conducted.

If, during an odd-man situation, a penalty is assessed causing the odd-man situation to become even strength, a break can occur (e.g., if a penalty is called against a team on a power play to create a 4-on-4 situation, etc.).

There shall NOT be any breaks during an overtime period.